

## Block Three

**Topics:** Developing proficiency in Steiner pedagogical Arts, Detailed Curriculum and skill formation for Classes 1-4 and Kindergarten, Planning of Lessons, Main Lesson approach. Classroom and school Management. Teacher Resources. Continuing artistic skill formation. Other topics to be defined depending on student needs as identified in Block 2.

## GAMOT COGON INSTITUTE (GCI)

The Gamot Cogon Institute (GCI) is an Iloilo-based cultural organization whose mission is to advance the principles and practice of integral sustainable development, including training and education for human development. Other partners include Rudolf Steiner Education in the Philippines (RStEP)—a Manila based institution whose mission is to support the development and expansion of Steiner Education in the country.

## COURSE INFORMATION AND FEES

The Live-In Program will be held in Iloilo Province. Participants are responsible for their travel arrangements to and from Iloilo. The fees for each intensive block include board and lodging, resource person fees, administrative expenses, and all materials. (See insert for more details.)

While program expenses need to be met, GCI is also open to exploring alternative fee structures and payment options appropriate to the financial capacities of each applicant. Kindly contact the organizers to explore possibilities in this direction as well as for any other information.

## RESOURCE PERSONS

The resource persons for the program include both Filipino and foreign experts in a range of disciplines and specialties. These individuals include: Nicanor Perlas (Alternative Nobel Prize Awardee, Author and Global and National Trainer and Lecturer on Integral Sustainable and Human Development for 30+ Years),

Jake Tan (Author, Alternative Health Practitioner, and Lecturer on Spirituality, Health and Education); Bella Tan (Educator, Teacher Trainer and Lecturer on Parenting and Early Childhood 16+ Years), Jim Sharman (Training Specialist and Lecturer/Practitioner on Sustainable Development), Kathryn Perlas (Kindergarten and Class Teacher 16+ Years, Artist and Art Instructor), Horst Hellmann (Class Teacher 30+ Years, Teacher Trainer); MaryJoan Fajardo (Class Teacher 8+ Years, Teacher Trainer); Peter Patterson (Class Teacher 30+ Years, Teacher Trainer, Author, Composer); Teri DeSario (Professional Singer, Music Educator and Voice Specialist in Werbeck Method); Elisabeth Wilde (Class Teacher 30+ Years, Teacher Trainer). Others to be announced.



For more information contact:

**James Sharman**

Cellphone: +63-917-243-0399

Landline: +63-33-396-1432

Email: gamotcogon@gmail.com



Gamot Cogon Institute (GCI)  
Brgy. Libongcogon, Zarraga  
Iloilo, Philippines  
Phone: (033) 396-1432  
Email: gamotcogon@gmail.com

# GAMOT COGON INSTITUTE

INTEGRAL SUSTAINABLE DEVELOPMENT  
FOR A HEALTHY FUTURE

## Teacher Training in Steiner Education



*To receive the child in reverence,  
To educate the child with love,  
To release the child in freedom.*

— Rudolf Steiner

# The Art of Education

An increasing number of people are realizing that traditional educational methods are resulting in widespread damage to the potentials and capacities of students and are not preparing them to join society as self-actuated, creative, responsible, compassionate human beings. The nation's media is filled with stories showing deficiencies in math, science, and English performance, high dropout rates, limited creative thinking, lack of meaning and purpose, and loss of moral depth and responsibility, just to mention some of the more prominent problems in education.

Fortunately, alternatives exist. One such alternative is Steiner education, which for more than 80 years has pioneered a time-tested pedagogy that balances artistic, academic and practical work educating the whole child—hand and heart as well as mind. Its innovative methodology and developmentally-oriented curriculum, permeated with the arts, address the child's changing consciousness as it unfolds, stage by stage. Imagination and creativity are cultivated as well as emotional balance, cognitive growth and a sense of responsibility for the earth and its inhabitants, including communities and societies. It is considered by many as one of the most advanced educational systems in the world today.

Modern research is slowly catching up with aspects of the Steiner pedagogy through recognition of multiple intelligences, the emotional quotient, awakening latent moral and spiritual capacities, and other approaches that have been a part of the Steiner method since its inauguration by Dr. Rudolf Steiner in 1919. Currently more than 1000 schools in over 60 countries demonstrate how this comprehensive approach has crossed religious, cultural and ethnic boundaries through its emphasis on the development of full universal human potential. Dr. Steiner declared as the highest endeavor of teachers "to develop free human beings, who are able of them-selves to impart purpose and direction to their lives."

## TEACHER TRAINING

In response to the increasing numbers of requests by parents and teachers for an educational approach that draws out the full human being and nurtures deep purpose and creative social engagement, GCI launched its Steiner Education Initiative, which includes an intensive Part-time Teacher Training Program.

The growing number of schools adopting the Steiner approach is resulting in a shortage of trained teachers. The GCI Teacher Training Program addresses this need.

## COURSE CONTENT

The Training Course for Steiner early childhood and grade school teaching is an 8-week intensive part-time seminar consisting of three live-in blocks which prepares teachers to begin working with Steiner educational approaches in kindergarten and classes 1-4. The course design intrinsically calls for assignments and self-study between blocks when participants can also already begin applying what they have learned. Trainees for early childhood education and grade school teaching will initially have similar introductory and foundational courses. Towards the latter modules, there will be specialized courses attuned to the differing skills required for early childhood and grade school teaching. All participants must be prepared to undergo an intensive self-transformation process that is a fundamental and unique aspect of Steiner Education. Because ultimately, it is the quality of the teacher's inner life and behavior that educates the child. Graduates will have an opportunity for continuing education through mentoring and in-service trainings with a flexible curriculum adjusted to student needs.

### *Block One*

**Topics:** Philippine and Global Educational Challenges. Overview of Steiner education within the larger context of helping create a visionary Philippines through the

development of full human potential and through a social change approach known as social three-folding. Framework of Steiner education including details of a spiritual scientific perspective of the human being and evolution of human consciousness. Modern education discoveries convergent with Steiner education including multiple intelligences, emotional quotient, moral quotient, spiritual intelligence. Beginning details of educational approaches in Steiner education. Biography and self-transformation of the teacher. Artistic sessions woven throughout to include: Speech, Movement, Singing, Recorder Playing, Painting, and Drawing.

### *Block Two*

**Topics:** Detailed study of the spiritual image of human being. Temperaments. Steiner pedagogy as it relates to spiritual image of the human being and the evolving consciousness of the child. Intermediate skills formation connected with drawing out the different forms of intelligence inherent in the twelve physical, soul and spiritual senses of the child. Curriculum overview. Discussion of Main Lesson. Continued skill development in music, arts in the subject areas including mathematics, geography, language, science, ecology, and basic skills, including reading and writing. Other topics to be defined depending on the needs of students as identified in Block 1.



Gamot Cogon Institute

# 2009-2010 Teacher Training

## DATES

- Block 1. Nov 29 - Dec 12, 2009*
- Block 2. Jan 31 - Feb 20, 2010*
- Block 3. April 11 - May 01, 2010*

## COSTS

Participants are responsible for their travel arrangements to and from Iloilo. The fees for each intensive block include board and lodging, resource person fees, administrative expenses, and all materials. Participation in Block one is a prerequisite for later blocks. The training program should be viewed as a whole, consisting of 3 blocks.

For 2009-10 Training Program, the fees are as follows (individual participant / institutionally-sponsored participant):

- Block 1. Two Weeks. P11,000 / P13,500*
- Block 2. Three Weeks. P 15,500 / P 20,000*
- Block 3. Three Weeks. P15,500 / P 20,000*
- TOTAL TRAINING FEES: P 42,000 / P 53,500*

Early Payment required to reserve placement. While expenses connected with the Training Program need to be met, GCI is also open to exploring alternative fee structure and payment arrangements appropriate to the financial capacities of each applicant. Kindly contact the organizers to explore possibilities in this direction as well as for any other information.



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[www.gamotcogon.org](http://www.gamotcogon.org)